

NAB Social and Support Group Meetings Dates 2009/2010

		Nov	Dec	Jan	Feb	Mar
Bugbrooke Jubilee House, Mead Way	2-4pm Tuesday	10th	Contact Us	12th	9th	9th
Cogenhoe Village Hall, Brafield Road	12-2pm Tuesday	24th	Contact Us	26th	23rd	23rd
Corby Swan Gardens, School Place, Gainsborough Road	2-4pm Tuesday	24th	Contact Us	26th	23rd	23rd
Irthlingborough College Street Day Centre	2-4pm Tuesday	3rd	Contact Us	5th	2nd	2nd
Long Buckby Greenhill Court, Greenhill Road	11am-3pm Thursday	19th	17th	21st	18th	18th
Rothwell Madam's Gardens, Madam's Hill	2-4pm Wednesday	18th	Contact Us	20th	17th	17th
Wellingborough Bengeworth Court, Park Road	2-4pm Thursday	26th	Contact Us	14th	11th	11th

Contact Us:

If you would like further details on when the Mobile Unit will be visiting your area or information on any of our Social and Support Groups please contact the **Community Team**:

Telephone: 01604 716044 Email: exservs@nab.org.uk

Website: www.nab.org.uk

Macular Disease Support Group Meetings Dates 2009/2010

		Nov	Dec	Jan	Feb	Mar
Daventry The Abbey Centre, Market Square	2-4pm Monday			25th		
Kettering Corn Market Hall, London Road	10am-12pm Monday	2nd			1st	
Northampton Holy Sepulchre Church Rooms off Sheep Street	2-4pm Wednesday			13th		
Wellingborough Tithe Barn, Tithe Barn Road	2-4pm Wednesday		9th			17th

Don't Forget to visit Kettering Sight Centre:

Located off the High Street on Wadcroft, Kettering for information, support and guidance. Check out our exciting programme of activities, talks and interest groups plus much more. **Open every Monday, Wednesday and Friday 10.30am till 2.30pm**

Telephone: 01536 522773 Email: sightcentre@nab.org.uk

Website: www.nab.org.uk

NAB Mobile Information and Resource Unit Dates 2009/2010

		Nov	Dec	Jan	Feb	Mar
Brackley Town Centre Near Town Hall, Market Place	10.30am-1pm Wednesday			6th		
Brixworth Brixworth Library, Spratton Road	1.15pm-2.30pm Tuesday		1st		2nd	
Burton Latimer Sainsbury's Supermarket car park	10.30am-11.30am Thursday		3rd		4th	
Corby Town Centre Queens Square, near TJ Hughes	10am-2pm Friday	13th	11th	8th	12th	12th
Daventry Town Centre Near Shopmobility, New Street	10am-1pm Thursday		17th		18th	
Desborough Town Centre Outside Library, High Street	1.30pm-2.30pm Thursday		3rd		4th	
Earls Barton Medical Centre car park, Aggate Way	1.45pm-3pm Thursday	26th		28th		25th
Guilsborough GP Surgery car park, West Haddon Road	11.45am-12.45pm Tuesday		15th	19th		16th
Irchester Irchester Working Mens Club car park	1.15pm-2.30pm Friday	20th			19th	
Long Buckby GP Surgery car park, Station Road	10am-11am Tuesday		15th	19th		16th
Moulton Moulton Parish Church car park, Church Hill	11.30am-12.30pm Tuesday		1st		2nd	

		Nov	Dec	Jan	Feb	Mar
Northampton Abington Street Outside Library	10am-1pm Friday	6th	4th		5th	5th
Northampton Morrisons Supermarket Kettering Road	10am-11am Tuesday		1st		23rd	
Northampton St Crispin Retirement Village Off St Crispin Drive, Duston	1.15pm-3pm Tuesday				23rd	
Northampton Market Square Events Area	10am-2pm Wednesday	4th	9th	13th	10th	10th
Northampton Weston Favell Centre In open air car park, near Sargeants	11.30am-12.30pm Tuesday	24th			23rd	
Oundle Town Centre Outside Barclays Bank, New Street	11.30am-1.30pm Thursday	12th			11th	
Raunds Town Centre Town Square car park, off High Street	9.45am-10.45am Thursday	12th			11th	
Rothwell Town Centre Market Hill car park	12.15pm-1.15pm Thursday		3rd		4th	
Rushden Town Centre High Street	10am-12.30pm Friday	20th	18th	15th	19th	19th
Thrapston Town Centre Outside Library, High Street	2pm-3pm Thursday	12th			11th	
Towcester Waitrose Supermarket car park, Water Lane	2pm-3.30pm Wednesday			6th		
Weedon The Plume of Feathers PH car park	1.30pm-2.30pm Thursday		17th			
Wellingborough Town Centre Outside Halifax and NatWest	10am-1pm Thursday	26th		28th	25th	25th