

Macular Disease Support Groups

in
Northamptonshire

Programme
of meetings for
2009

Caring for people with sight loss

Northampton MD Group

Meets at

Holy Sepulchre Church Rooms

Off Sheep Street

Northampton

On **Wednesday** afternoon 2pm start

14 January **“NEW LENS IMPLANTS FOR MD”**

Don't miss this presentation by **Ms Andrea Kerr, Consultant Ophthalmologist** at **Northampton General Hospital**, about the pioneering (private) treatment, now available locally, that can improve the vision of people with macular degeneration – even the DRY type!

8 April **“GADGETS GALORE – COME SEE AND TRY”**

For those who haven't met him yet (and those who have!), our friendly new “man on the van” **Fred Cannon** will be with us for the afternoon to remind you of all the useful aids and equipment designed to overcome difficulties and bring you up to date with the latest ideas and developments.

8 July *****SUMMER PARTY*****

Yes, due to popular demand, we ARE having one this year – at Wardington Court. It will replace the usual afternoon meeting at Holy Sepulchre. Weather permitting, it could even be a GARDEN party, but we're not banking on it! Details will be circulated nearer the time.

14 October **“MD TALK -TALK ”**

A full afternoon dedicated to all those unanswered queries or concerns; a sharing of experiences, tips and advice and generally taking time to catch up and have a good, leisurely chat about AMD.

Kettering MD Group

Meets at
The Corn Market Hall
London Road
Kettering
On Monday morning 10am start

SUMMER PARTY

Wednesday 8 July
Wardington Court
Northampton

Details of time and
pick-ups
nearer the date

2 March “SELF HELP FOR SEEING BETTER”

Amanda Reeves, Low Vision Manager for the **Macular Disease Society**, will be visiting us to talk about the various ways of coping with low levels of eyesight and “eccentric viewing”.

11 May “NEW LENS IMPLANTS FOR MD”

Don't miss this presentation by **Ms Andrea Kerr, Consultant Ophthalmologist** at **Northampton General Hospital**, about the pioneering (private) treatment, now available locally, that can improve the vision of people with macular degeneration – even the DRY type!

3 August “MEETING MR MOTIVATOR”

Tom McNulty joined the Macular Disease Society last year as regional Group Support and Development Manager. Tom is blind – a guide dog owner. He is also a “whirlwind” of activity and a true inspiration! His visit to our Northampton Group got everyone fired up with new drive and motivation. Come and meet him – you won't be disappointed!

2 November “GADGETS GALORE – COME SEE AND TRY”

For those who haven't met him yet (and those who have!), our friendly new “man on the van” **Fred Cannon** will be with us for the morning to remind you of all the useful aids and equipment designed to overcome difficulties and bring you up to date with the latest ideas and developments.

Wellingborough MD Group

Meets at

**The Tithe Barn
Burystead Place
Wellingborough**

On Wednesday afternoon 2pm start

SUMMER PARTY

**Wednesday 8 July
Wardington Court
Northampton**

**Details of time and
pick-ups
nearer the date**

11 March “GADGETS GALORE – COME SEE AND TRY”

For those who haven't met him yet (and those who have!), our friendly new “man on the van” **Fred Cannon** will be with us for the morning to remind you of all the useful aids and equipment designed to overcome difficulties and bring you up to date with the latest ideas and developments.

10 June “SELF HELP FOR SEEING BETTER”

Amanda Reeves, Low Vision Manager for the **Macular Disease Society**, will be visiting us to talk about the various ways of coping with low levels of eyesight and “eccentric viewing”.

9 September “MEETING MR MOTIVATOR”

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9 December “MD FILM AND QUIZ”

Postponed from last year!! We will be watching and discussing the Macular Disease Society's excellent film about living with Macular Degeneration and then putting your knowledge to the test – just for a bit of end-of-year fun!

Daventry MD Group

Meets at
The Abbey Centre (Room 3)
Market Square
Daventry
On Monday afternoon 2pm start

SUMMER PARTY

Wednesday 8 July
Wardington Court
Northampton

Details of time and
pick-ups
nearer the date

26 January “MD TALK-TALK ”

A full afternoon dedicated to all those unanswered queries or concerns; a sharing of experiences, tips and advice and generally taking time to catch up and have a good, leisurely chat about AMD.

20 April “GADGETS GALORE – COME SEE AND TRY”

For those who haven't met him yet (and those who have!), our friendly new “man on the van” **Fred Cannon** will be with us for the morning to remind you of all the useful aids and equipment designed to overcome difficulties and bring you up to date with the latest ideas and developments.

27 July “MEETING MR MOTIVATOR”

Tom McNulty joined the Macular Disease Society last year as regional Group Support and Development Manager. Tom is blind – a guide dog owner. He is also a “whirlwind” of activity and a true inspiration! His visit to our Northampton Group got everyone fired up with new drive and motivation. Come and meet him – you won't be disappointed!

26 October “SELF HELP FOR SEEING BETTER”

Amanda Reeves, Low Vision Manager for the **Macular Disease Society**, will be visiting us to talk about the various ways of coping with low levels of eyesight and “eccentric viewing”.

All the Northamptonshire Groups meet on a quarterly basis for up-to-date information, advice and access to support.

Most meetings feature talks on issues relating to “MD” or more general topics or services relevant to people with sight loss. There is friendly group discussion and the chance to chat with other people who have this condition.

Meetings are open to anyone with “MD”, relatives, friends or carers.

If you would like to find out more about Macular Degeneration and how to cope with it
WHY NOT JOIN US!

*****A raffle is usually held at each meeting
donations are welcome *****

Organised by the External Services Team of
Northamptonshire Association for the Blind
Charity No: 201240

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In association with The Macular Disease Society

nab
NORTHAMPTONSHIRE
ASSOCIATION
FOR THE BLIND